


# January 2019

# Memory Care Manor

*\*All Activities Are Subject To Change\**

| Sun                                                                                                        | Mon                                                                                                                | Tue                                                                                                                        | Wed                                                                                                                      | Thu                                                                                                         | Fri                                                                                                      | Sat                                                                                         |
|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| <b>**Additional Daily Activities Include: AM Music, 3PM Snack &amp; Evening Movie**</b>                    |                                   | <b>1 New Year's Day</b><br>9:30 Coloring w/ Music<br>10:00 Balloon Volley<br>12:30 Bingo<br>2:00 Alex's Choice             | <b>2</b><br>9:00 Music & Message<br>10:00 Coloring w/ Music<br><b>*1:1 Visits as time allows*</b>                        | <b>3</b><br>9:15 Exercise (Stretches)<br>9:45 Coffee & Chat<br>10:30 1:1 Visits<br>1:00 Cards (Go Fish)     | <b>4</b><br>9:15 Bird Watching (chat)<br>9:45 Chicken Soup Book<br>10:30 1:1 Visits<br>1:00 Chair Soccer | <b>5</b><br>9:15 1:1 Visits<br>10:15 Dice Game<br>12:30 Bingo<br>2:00 Alex's Choice         |
| <b>6</b><br>9:15 Church Video/ 1:1's<br>10:15 Frisbee/ Ball Toss<br>1:00 Walking Club<br>2:00 Nerf Targets | <b>7</b><br>9:15 Birds of Iowa<br>9:45 Bible Stories<br>10:30 1:1 Visits<br>1:00 Bingo                             | <b>8</b><br>9:15 Exercise (Dancing)<br>9:45 Manicures<br>10:30 1:1 Visits<br>1:00 Bake Along                               | <b>9</b><br>9:00 Music & Message<br>10:00 Puzzles w/ Music<br>2:30 Rev. Mary Green<br><b>*1:1 Visits as time allows*</b> | <b>10</b><br>9:15 Exercise (Chair Yoga)<br>9:45 Coffee & Chat<br>10:30 1:1 Visits<br>1:00 Make Bird Feeders | <b>11</b><br>9:15 Feed Birds<br>9:45 Chicken Soup Book<br>10:30 1:1 Visits<br>1:00 Balloon Volley        | <b>12</b><br>9:15 1:1 Visits<br>10:15 Pastor Gary<br>12:30 Bingo<br>2:00 Staff's Choice     |
| <b>13</b><br>9:15 Church Video/ 1:1's<br>10:15 Basketball<br>1:00 Walking Club<br>2:00 Staff's Choice      | <b>14</b><br>9:15 Hand Massage<br>9:45 Guided Meditation<br>10:30 1:1 Visits<br>1:00 Bingo Store Prizes            | <b>15</b><br>9:15 Exercise (Chairobics)<br>9:45 Manicures<br>10:30 1:1 Visits<br>2:00 5th Grade Friends                    | <b>16</b><br>9:00 Music & Message<br>10:00 Coloring w/ Music<br><b>*1:1 Visits as time allows*</b>                       | <b>17</b><br>9:15 Exercise (Stretches)<br>9:45 Coffee & Chat<br>10:30 1:1 Visits<br>1:00 Snow Ball Fight    | <b>18</b><br>9:15 Feed Birds<br>9:45 Chicken Soup Book<br>10:30 1:1 Visits<br>1:00 Hot Potato            | <b>19</b><br>9:15 1:1 Visits<br>10:15 Cards (Uno)<br>12:30 Bingo<br>2:00 Alex's Choice      |
| <b>20</b><br>9:15 Church Video/ 1:1's<br>10:15 Indoor Bowling<br>1:00 Walking Club<br>2:00 Indoor Golf     | <b>21 Martin Luther King Jr. Day</b><br>9:15 Bird Watching<br>9:45 Bible Stories<br>10:30 1:1 Visits<br>1:00 Bingo | <b>22</b><br>9:15 Exercise (Dancing)<br>9:45 Manicures<br>10:30 1:1 Visits<br>1:00 Snowflake Craft<br>2:30 Pastor Margaret | <b>23</b><br>9 Music & Message<br>10 Puzzles w/ Music<br>1:00 Cards: Rummy<br><b>*1:1 Visits as time allows*</b>         | <b>24</b><br>9:15 Exercise (Chair Yoga)<br>9:45 Coffee & Chat<br>10:30 1:1 Visits<br>1:00 String Cheerios   | <b>25</b><br>9:15 Feed Birds<br>9:45 Chicken Soup Book<br>10:30 1:1 Visits<br>1:00 Bean Bag Toss         | <b>26</b><br>9:15 1:1 Visits<br>10:15 Snow Ball Fight<br>12:30 Bingo<br>2:00 Staff's Choice |
| <b>27</b><br>9:15 Church Video/ 1:1's<br>10:15 Hangman<br>1:00 Walking Club<br>2:00 Staff's Choice         | <b>28</b><br>9:15 Guess the Scent<br>9:45 Guided Meditation<br>10:30 1:1 Visits<br>1:00 Bingo Store Prizes         | <b>29</b><br>9:15 Exercise (Chairobics)<br>9:45 Manicures<br>10:30 1:1 Visits<br>1:00 Bake Along<br>5:00 David Poggenklass | <b>30</b><br>9:15 Sensory Pouches<br>10:00 Coloring w/ Music<br>1:00 Checkers<br><b>*1:1 Visits as time allows*</b>      | <b>31</b><br>9:15 Exercise (Stretches)<br>9:45 Coffee & Chat<br>10:30 1:1 Visits<br>1:00 Nerf Targets       |                                                                                                          |                                                                                             |