

The Program:

Physical Therapy

Physical Therapy specializes in pain management and improving the patient's strength, balance, endurance and joint flexibility to achieve optimal levels of function. Physical Therapy's goal is to move the patient toward greater athletic performance, job performance and independent mobility.

Occupational Therapy

Occupational Therapy specializes in assisting an individual to regain upper body strength, coordination, hand function, visual/perceptual coordination and to ultimately integrate all physical and mental skills to improve functional performance. Occupational Therapy's goal is to maximize independence and safety with daily activities at home, school or work.

Speech-Language Pathology

Speech-Language Pathology works with patients with communication and swallowing impairments. Speech Therapy's goal is to maximize patients' skills with verbal expression, comprehension, speech, swallowing and cognitive function.

S.T.A.R. Outpatient Therapy Clinic provides specialized therapies:

Physical Therapy	Osteoporosis
Occupational Therapy	Low Vision Rehabilitation & Pre-Driving Assessments
Speech - Language Therapy	
Hand Rehabilitation	
Incontinence Retraining	
Athletic Injuries	

The S.T.A.R. Outpatient Therapy Clinic team works closely with an individual to help them regain functional abilities that may be lost due to:

Pain	Total Joint Replacement
Limited Range of Motion	Neuromuscular Disease
Injury	Brain Injury
Weakness	Spinal Cord Injury
Fracture	Birth Trauma
Stroke	Limited Vision

S.T.A.R. Outpatient Therapy Clinic

Strawberry Point, IA



Superior Therapy

Achieving Results

563-933-2323

**313 Elkader St.
Strawberry Point, IA**

StrawberryPointLutheranHome.com



Strawberry Point Lutheran Home Community

The Home That Love Built



S.T.A.R. Outpatient Therapy Clinic

Strawberry Point, IA

S.T.A.R. Outpatient Therapy Clinic = Superior Therapy Achieving Results

S.T.A.R. Out Patient Therapy Clinic is located on the Strawberry Lutheran Home campus.

Area residents are welcome to use the therapy service provided by Northern Iowa Therapy at the multifaceted, Strawberry Point Lutheran Home Community.

Our approach to rehabilitation features a true cohesive, interdisciplinary rehabilitation team, including Physical Therapy, Occupational Therapy and Speech-Language Pathology staff. We work together with physicians, patients and families to assist patients in reaching their maximum potential.



S.T.A.R. Outpatient Therapy Clinic provides:

- Full scope of outpatient and inpatient services
- Pediatric through geriatric services
- Sports injury and industrial rehab
- Home Visits
- Individualized hands-on therapy
- Convenient Scheduling & Parking



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For current & detailed information visit StrawberryPointLutheranHome.com