



## Gernand Village Updates are Ongoing

Gernand Village tenants are loving the new self serve beverage center and the updated serving line. Updates have also been made to the common areas and including the lower level gathering space. Gernand Village tenants continue to enjoy: free laundry facilities, grocery and pharmacy deliveries, convenient guest parking, game room, library, onsite beauty and barber services, chaplain services, secure entrance, elevator, personal mailboxes, fitness equipment, onsite church services, wellness center and so much more!



## Efficiency and 1 & 2 Bedroom Apartments

*Enjoy the Village's  
friendly community*

starting at

**\$540**

per month\*

*Includes maintenance,  
cable, WiFi & utilities*

*All units include a patio*

*Meal plans, garage space,  
housekeeping & storage  
space available*



Gernand Village offers an independent lifestyle with selected support services. Tenants are active members of the community while enjoying the comfort and convenience of the village's tucked away locale.

## Our Sincere Gratitude....

Thank you for your gifts to the Strawberry Point Lutheran Home Community. Your generosity and thoughtfulness mean a great deal to us and give us the means to complete projects benefiting our residents and the entire community.

### 2015 4th Quarter Donations:

#### Gifts in Kind

**Emanuel Lutheran Church, Strawberry Point** Sunday

School class decorated pumpkins for the residents

**Father Peters** for playing the organ for the residents

**Jessie German** donated puzzles for the residents

**The youth of St. Joseph Catholic Church** in Elkader

donated Christmas stockings for the residents

**Girl Scout Troop 7198** donated cookies to the residents

**Sally Priest** played the piano for the residents

**St. Mary Catholic Church in Strawberry Point** donated

Christmas stockings to the residents

**United Methodist Church, Strawberry Point** sang

Christmas Carols for the residents

**Martin Brothers** donated gift cards for the employee

Christmas party

**TrueNorth Companies** donated a TV for the employee

Christmas party

#### Capital Campaign Contributions

Family of Earl Stoner

David Andreae, Betty Boots, Robert Eggen, Rozella Green

Doyce Huebsch, John and Dorothy Kluth, Ray Ward,

Dorothy Becker, Barbara Herzmann, Althea Lenz,

Marilyn Shaffer

Estate of Marilyn Meyer

Bethany Lutheran Church, Elkader

Emanuel Lutheran Church Strawberry Point

St. Peter Lutheran Church, Garnavillo

St. John Lutheran Church, Farmersburg

St. John Lutheran Church, Arlington

St. Paul Lutheran Church, Volga

St. Paul Lutheran Church WELCA, Volga

St. Sebald Lutheran Church, Strawberry Point

Norway Lutheran Church, St. Olaf

St. Paul Lutheran Church, Maynard

St. John Lutheran Church WELCA, Farmersburg

Untied Methodist Church Women, Strawberry Point

#### Given in Memory

Family of Jim and Clara Brown in their memory

Gary and Penny Handke in memory of Jim Brown

Russel and Wendy Halroyd in memory of Jim Brown

Rosalind Young in memory of Luvern Wehling and Sevilla

Tempus

Byron and Marjorie Young in memory of Sevilla Tempus

and Teddy Luloff

Cedar Rapids Freedom Festival in memory of Jim Brown

Marilyn King in memory of Jim Brown

Roger and Mary Knehans in memory of Jim Brown

Jon and Virginia Mitchell in memory of Jim Brown

Gary and Joan Brown in memory of Jim Brown

Frank and Charlotte Blessington in memory of Jim Brown

Gerald Buhr in memory of Robert Hull

Ev and Jean Blobaum in memory of Pastor Alfred Kaupins

Bradley and Kimberly Scheneck in memory of Jim Brown

James and Alice Moeller in memory of Helen Moeller

#### Thrivent Choice deposits were received from:

Cinda Crosley

#### Donations to the Employee Appreciation Fund

Ruby Campbell

Bev Givens

Donna Schminke

Strawberry Point Lutheran Home Community Local Church Volunteer Schedule for 2016



The Strawberry Point Lutheran Home Community would like to thank local churches for their continued support each year. The visits are beneficial to the residents of the SPLHC, and again we would like to invite everyone to participate in our volunteer program.

In addition to visiting and reminiscing about the good old days, we have also had groups do sing-a-longs, which were also successful. Kelly Mesplay the SPLHC activities supervisor would like to assist local groups plan creative visits. If you need ideas or supplies call Kelly. If for any reason your group cannot attend on the scheduled date please notify the Life Events Department at 563-933-6037 or email [kmesplay@splh.org](mailto:kmesplay@splh.org). Here is to a Happy New Year we look forward to your visit!

January 19 11:00AM	St. John's Lutheran Church, Arlington
February 16 11:00AM	St. Sebald Lutheran Church, Strawberry Point
March 15 11:00AM	United Methodist Church, Volga
April 19 11:00AM	St. Peter Lutheran Church Garnavillo
May 17 11:00AM	St. John's Lutheran Church Farmersburg
June 21 11:00AM	St. Paul's Lutheran Church Maynard
July 12 11:00AM	Marion-Gunder Lutheran Church, St. Olaf
July 19 11:00AM	Norway Lutheran Church, St. Olaf
August 23 11:00AM	Bethany Lutheran Church, Elkader
September 20 11:00AM	Hope Lutheran Church, Elkport
September 27 11:00AM	St. Paul's Lutheran Church, Volga
October 18 11:00AM	United Methodist Church, Arlington
November 15 11:00AM	United Methodist Church, Lamont
November 22 11:00AM	St. Mary's Catholic Church, Strawberry Point



WE EXTEND OUR DEEPEST SYMPATHY TO THE FAMILIES OF:

- |                         |                   |
|-------------------------|-------------------|
| Lucy Gioimo             | Jerry Rieck       |
| William Jaeger          | Roger Henninger   |
| <b>Roger "Burdette"</b> | Jeanette Bischoff |
| Robinson                | Rosa Morris       |
| James Brown             | Adah Steinmetz    |
| Gary Schooley           | Elvin Johnson     |



**Our Mission**

The Strawberry Point Lutheran Home Community is a Christian home that promotes a quality of life which encompasses dignity, respect and compassion for those that live and serve here.

Strawberry Point Lutheran Home Community

# Senior SPOTLIGHT



### **Mardell Jaskolski**

Mardell Jergenson was born on December 17, 1932 on a farm near Goldfield, Iowa. She was the oldest of four brothers and 1 sister. Mardell attended school at Dayton Country School and graduated in 1950. Following graduation, Mardell worked a number of jobs including working at the local newspaper, grocery store and finally at Northwest Bell Telephone Company as a switchboard operator. It was while she was working as an operator that she met her soon to be husband Wallace "PeeWee" Lindstrom. He would call just to talk to Mardell and asked her on a date, having never met in person. They hit it off and were married in 1952. Calling Clarion, IA home, Mardell and "PeeWee" started a family and raised 6 beautiful children, before eventually retiring to Arizona. Mardell spent her retirement dancing, sewing, drawing and riding quads in the Arizona Dessert. Following the passing of her husband "PeeWee" Mardell eventually found love again and was united in marriage to Jim Jaskolski. Mardell remained active in her interests during her marriage to Jim, until his passing. Mardell was heartbroken to have lost two wonderful men in her life, but the hardest trial she endured was the loss of her son. In light of the hard times, Mardell keeps a positive attitude, is full energy and loves life. Mardell joined the SPLH community in the fall of 2015 and resides in Swales Assisted Living. She has developed some wonderful friendships and continues to live life to the fullest.



### **Marilyn Hartman**

Marilyn "Molly" was born May 30, 1935 in Sycamore Illinois. She is the oldest of her four siblings which included one brother and three sisters. At a very young age, Marilyn's uncle began calling her "Molly" and it stuck. Molly attended school in Shabbona, Illinois graduating in 1954. Following graduation, Molly worked several jobs before getting married and starting a family. She had four children. Molly worked very hard as a waitress and cook to support her children. She provided everything they needed. After retirement Molly moved to Iowa and in September 2015 joined the SPLH community. Her hobbies and interests include playing games like cards and bingo and keeping her mind sharp by doing word searches. Molly loves to shoot pool and has quite an extensive pen collection. She is a proud grandmother and great-grandmother. Molly exhibits a great sense of humor and is always up for a good laugh.



### **Brenda Fredrick**

Brenda was born January 23, 1959 in Manchester, Iowa. Her parents are Don and Marilyn Fredrick. Brenda has one sister, Nancy (Mark) Miehe of Jesup, Iowa. Brenda began school at Starmont eventually transferring to The Iowa Braille and Sight Saving School in Vinton, Iowa where she continued her education through sixth grade. Brenda then attended Starmont School until she graduated in 1978. During the summer of her junior year in high school, Brenda joined a Lutheran Based Youth Service Corp and spent her summer working with residents at Woodward State Hospital School. Following graduation, Brenda worked the summer in a Leadership Enrichment Training Program at Camp Ewalu. Brenda enrolled in college in the Fall of 1978 at Augsburg College in Minneapolis, MN. Brenda majored in Speech Communication with a double minor in Sociology and Psychology. Brenda graduated from Augsburg in December 1982 and furthered her education by attending grad school in May of 1983 at Mizzou, Univ. of Missouri in Columbia, Mo. Unfortunately during Brenda's time at Mizzou, she fell ill and was unable to complete grad school with a chosen major. Brenda spent 20 years at Scenic Acres near Elkader prior to moving to SPLHC in November 2010. Brenda is a member of the Starmont branch National Honor Society. She is a Charismatic Lutheran and enjoys dances, listening to music, talking on the phone, playing Yahtzee, skipbo, visiting with staff and peers as well as her regular visits from her sister. Brenda especially enjoys watching football. Her favorite team is Aaron Rogers and The Green Bay Packers. Brenda exhibits a unique personality and leaves an impression on many hearts.



**Swales Assisted Living**  
allows freedom and independence while  
providing just enough  
assistance, care and security.

Temporary stays are available!

**Contact us & ask for a tour and  
complimentary lunch!**

563.933.6037

Hopeful thoughts for 2016 from Administrator, Cheri Leachman



I've been a part of the Strawberry Point Lutheran Home Community just over 100 days. I witness daily the respect and compassion shared between the staff, volunteers,

residents and their families. We've all grown up hearing about the "nice people" from Iowa – how true it is. All of us that choose to work in the healthcare world do so for many reasons, but it is indeed humbling to be recognized by others. Most will tell you that the smile from the family, or the touch from the resident is the true reward. That is what keeps us going, however the many generous gifts of time and money enable us to always go that one

extra step.

We have several physical improvements planned for the next few months. Thanks to many individuals, The Swales Assisted Living will be outfitted with a stairway chair lift. This will allow tenants, or their visitors the independence to move freely between floors without the assistance of the elevator. This is just one more of the many unique features that set us apart from other assisted livings. Those that call the Swales Assisted Living home are offered three meals a day – two of which they order from a personalized menu. Most assisted livings offer only two. We are proud of our 24 hour around the

clock juice and snack island. We know this is an unexpected pleasure to many. Those of you that visit frequently are watching our progress as we install the new "under the window" counter top and flooring. These are just a few on-going improvements – spread the word that the "Swales Assisted Living is THE place to live".

Plans are under way for our Annual Meeting. This year it is scheduled for March 20th. Currently we plan to meet at 2:00 PM, we will keep you informed as the date nears.

The days are getting longer, the sun is getting warmer, please stop in and see us – let us know how we are doing.

Thoughts from the Director of Operations, Cathy Mills



Cathy Mills, Director of Operations

“Laughter is the closest distance between two people.” Victor Borge

The holiday season of celebrations and gatherings may have passed, but the laughter remains. I was researching upcoming monthly observations and I came across the idea, February is “Spunky Old Broads” Month. I wonder just who comes up with these monthly observances? It seems with all the changes that life brings all of us we need little reminders like this to make us laugh and smile. SPLHC has a lot of adventures and goals for the New Year. The Life Events and Dietary departments will be coordinating some great theme events for the residents throughout the year.



Other important SPLHC dates to add to the calendar are as follows:

- March 7, 2016- Auxiliary Meeting -1:00 pm in Gernand Village dining room
- March 20, 2016 – Annual Meeting- in Gernand Village large meeting room
- May 8-14, 2016- National Nursing Home Week
- July 17, 2016- Auxiliary Snack Supper

As we plan events, watch the website [strawberrypointlutheranhome.com](http://strawberrypointlutheranhome.com), newspapers, and church bulletins for information and you are always welcome to contact us.

Throughout the year SPLHC will be hosting **informational meetings** which will be open to the community and will likely be held in the Gernand Village. If you have a topic of interest you’d like to know more about please contact me- Cathy Mills at [cmills@splh.org](mailto:cmills@splh.org) or 563-933-6037.

Here is hoping everyone has a Healthy and Happy New Year!  
 “Seven days without laughter makes one weak.” —Mort Walker



From the SPLHC Kitchen



Celebrate Jell-O Week  
 FEBRUARY 7th- 13th

Creamy Layered Squares

- |  |   |
|--|---|
| 1-1/2 cups boiling water                                     | 1 cup cold water  |
| 1 pkg. (0.6 oz.) JELL-O Strawberry Flavor Sugar Free Gelatin | 1-1/2 cups thawed COOL WHIP Sugar Free Whipped Topping, divided |
| ice cubes  |   |

Directions:

. Add boiling water to gelatin mix in large bowl; stir 2 min. until completely dissolved. Add enough ice to cold water to measure 1-1/2 cups. Add to gelatin; stir until ice is completely melted. Remove 1-1/2 cups gelatin; set aside on counter. Refrigerate remaining gelatin 30 min. or until slightly thickened.

Add 3/4 cup COOL WHIP to chilled thickened gelatin; whisk until well blended. Pour into 8-inch square dish. Refrigerate 15 min. or until gelatin mixture is set but not firm. Carefully pour reserved gelatin over creamy gelatin layer in dish.

Refrigerate 3 hours or until firm. Cut into squares; top with remaining COOL WHIP.

**SPLHC**  
**Life Events**  
**Holiday Fun**





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Strawberry Point, IA 52076  
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Memory Care Manor: 563-933-6037  
Swales Assisted Living: 563-933-8274  
Gernand Retirement Village: 563-933-6583  
STAR Out Patient Therapy Clinic: 563-933-2323



Follow us at  
[StrawberryPointLutheranHome.com](http://StrawberryPointLutheranHome.com)

*Welcome*

**We are so pleased to welcome the following new members to the community**

Esther Helle  
Mardell Jaskolski  
Jerry Rieck

Rosemary Knopf  
Allan Falck  
Lillian Falck

Phyllis Olson  
Dorothy Westendorf



This is the Home that Love Built...Your Love Continues to Support Us

Your donations are important to the ongoing sustainability of the Strawberry Point Lutheran Home Community, which benefit many individuals and families each year in our target communities. All Contributions are tax deductible under 501c3 of IRS code. Contact us anytime if you would like more information on planned giving, gifts in kind or if you would like to make an anonymous gift.

**Make Checks Payable to:**  
Strawberry Point Lutheran Home for the Aged

**Mail Checks to:**  
Strawberry Point Lutheran Home Community  
313 Elkader St. Strawberry Point, IA 52076

**Ask us about how you can now make an online credit card donation**

**Pebler Point Care Center \* Memory Care Manor \*Swales Assisted Living  
\* Gernand Retirement Village \* S.T.A.R. Outpatient Therapy**